

SEPTEMBER MENU

2017



Longmont Meals on Wheels

303-772-0540




910 Longs Peak Ave.
Longmont, CO 80501

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****Remember, there will be no Home Delivery Monday, September 4th in honor of Labor Day. Please let us know if you would like a frozen meal delivered the Friday before. We need to hear from you by Monday, August 28th**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BBQ Beef	2
3	4 Closed 	5 Pork Egg Rolls	6 Quiche Florentine	7 Pork Cutlet	8 Beef and Broccoli Noodles	9
10	11 Potato Sausage Casserole	12 Vegetable Pizza	13 Chicken Pot Pie	14 Meatloaf	15 Teriyaki Chicken	16
17	18 Smokey Mountain Chicken	19 Asian Pulled Pork	20 Salmon Patty	21 Beef Ravioli	22 Chicken Tenders	23
24	25 Chicken Fajita	26 Pot Roast	27 Crunchy Cod	28 Swedish Meatballs	29 Twice Baked Potato	30