



Longmont Meals on Wheels 303-772-0540

www.longmontmeals.org

910 Longs Peak Ave., Longmont, CO 80501

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BBQ Beef	2
3	4 Smokey Mountain Chicken	5 Swedish Meatballs	6 Lasagna	7 Chef Salad	8 Beef and Broccoli	9 
10	11 Pot Pie	12 Cheese Ravioli	13 Twice Baked Potato	14 Meatloaf	15 Teriyaki Chicken	16
17	18 Pork Egg Rolls	19 Chicken Tenders	20 Crunchy Cod	21 Supreme Pizza	22 Pork Cutlet	23
24 	25 Chicken Fajita	26 Pot Roast	27 Caesar Salad	28 Salmon Patty	29 Asian Pulled Pork	30 