




August



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Longmont Meals on Wheels 303-772-0540 www.longmontmeals.org 910 Longs Peak Avenue, Longmont, CO 80501			1 Breakfast Burritos	2 Meatballs with Noodles & Marinara	3 Chicken Cordon Bleu	4
5	6 Alfredo Chicken Tortellini	7 Caesar Salad	8 Pot Roast	9 Ham & Cheese Quiche	10 Salisbury Steak	11
12	13 Meatloaf	14 Sweet & Sour Chicken	15 Stuffed Potatoes	16 Baked Mac & Cheese	17 Supreme Pizza	18
19	20 Panko Breaded Chicken	21 Potato Breaded Tilapia	22 Chicken Egg Roll	23 Stuffed Peppers	24 Cobb Salad	25
26	27 Turkey Casserole	28 Teriyaki Salmon	29 Beef Tips	30 Lasagna	31 Hawaiian Pork Burger	

We will be closed **Monday, September 3rd for Labor Day**. If you need a frozen meal on Friday before, please let us know by **Tuesday, August 28th**.