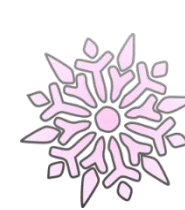







Wheels

Longmont Meals on

910 Longs Peak Ave., Longmont, CO 80501
303-772-0540 www.LMOW.org



January 2018 Menu			Wednesday	Thursday	Friday	Saturday
	1 CLOSED	2 Stuffed Peppers	3 Beef Stroganoff	4 Teriyaki Meatballs	5 Herb Butter Salmon	6 
7	8 Vegetable Egg Roll	9 Panko Chicken	10 Supreme Pizza	11 Shepherd's Pie	12 Broccoli Cheddar Quiche	13
14 	15 CLOSED	16 Pulled Pork	17 Beef Tacos	18 Chicken Tortilla Soup	19 Roast Beef	20 
21	22 Lemon Pepper Tilapia	23 Polish Sausage	24 Cheese Lasagna	25 Soppy Joes	26 Chicken Rice Casserole	27
28 	29 Apricot Pepper Chicken	30 Meatloaf	31 Herb Baked Chicken	<p>Upcoming Meals on Wheels Closures <u>Monday, January 1st and Monday, January 15th</u> <i>If you need an extra meal for the 15th, please call us by Monday, January 8th.</i></p>		