



NOVEMBER 2024 NEWS

Longmont Meals on Wheels

910 Longs Peak Avenue, Longmont CO 80501
longmontmeals.org 303-772-0540

SCHEDULE REMINDERS

Veterans Day Closure - Monday, November 11th

If you receive meals on Mondays, you won't automatically receive a replacement meal the previous week. If you need a meal for this closure, call us to discuss your needs by Monday, November 4th.

Thanksgiving Day and Thanksgiving Friday Closure - November 28th & 29th

If you receive meals on Thursdays or Fridays, frozen meals will automatically be delivered earlier in the week. If you don't need them, please call us by Wednesday, November 20th.

Christmas Holiday Closure - Tuesday, December 24th & Wednesday, December 25th

If you receive meals on Tuesdays or Wednesdays, you won't automatically receive a replacement meal for this closure. If you need a meal, call us to discuss your needs by Monday, December 9th.

New Years Day Closure - Wednesday, January 1st

If you receive meals on Wednesdays, you won't automatically receive a replacement meal earlier in the week. If you need a meal for this closure, call us to discuss your needs by Thursday, December 26th.

Senior Center Closures - The Longmont Senior Center will be closed: November 11th, 28th, 29th; December 25th; and January 1st.

EMAIL NOTICE OPTIONS

If you would you like the monthly menu and newsletter by email, you, a family member or caregiver can send us a note at office@lmow.org. You will receive notice of client-related events and closures as well. Also, let us know if you are also interested in being on our general email list, which will also include fundraisers and current needs.

VETERAN'S DAY PARADE

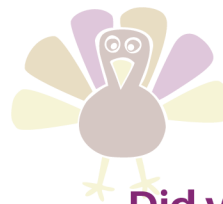
If you are able to attend, the Longmont Veterans Day Parade down Main St. begins at 11:11am on Monday, November 11th.

PRESCRIPTION DISPOSAL

Do you have old prescriptions that need to be disposed of? Here is a list of places in Longmont that will take prescriptions and over-the-counter medications and safely dispose of them for free.



- Kaiser Longmont: 2345 Bent Way
- Longmont Public Safety: 225 Kimbark St.
- Longs Peak Hospital: 1750 E. Ken Pratt Blvd
- Walgreens Pharmacy: 1041 Main St.



Did you know.....

Americans eat an estimated 50 million pumpkin pies on Thanksgiving.

SNOW CLOSURES If it isn't safe for our drivers to be out, you can watch 9News for any closings, as well as their website, 9news.com. Also look on our Longmont Meals on Wheels Facebook page and website. If you call us, we will have the closure on our answering service. Remember to keep the bag of emergency food we recently sent. You may want to add to it if you have eaten some items.